

RYA RIVIERA READY® Magazine

JUNE / JULY 2023

**MODELLING
COMPETITION**

**SULTRY SIREN
SWIMWEAR SHOOT**

**THE WORLD'S MOST EPIC
MOTORCYCLING ROUTES**

**DISCOVER THE
MARINAS WHERE
THE JET SET PLAY**

**THE BEST RESTAURANTS
& BARS IN CANNES**

Maryna Marynchenko gives us
her recommendations

TRAVEL, FASHION, PHOTO EDITORIALS AND MORE...



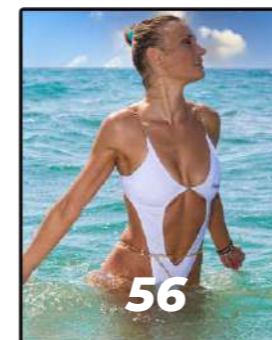


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Sultry Siren

BY RIVIERA READY



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RIVIERA READY®

RIVIERA READY
Swimwear & Lingerie

**COMING SOON: DAY WEAR,
EVENING WEAR, TRAVEL
ACCESSORIES & MORE**

Catalonia

We explore Spain's north eastern Mediterranean coast and some of its beautiful, historic towns near Barcelona





Barcelona Airport offers far more than just access to the Catalanian capital, it is also a great hub from which to explore Spain's north eastern Mediterranean coast and its beautiful, historic towns. Take a Barcelona airport transfer to any of the vibrant, exciting locations along the coast including the historic town of

Sitges, Gerona and Blanes.

Sitges

Over the years, Sitges has become best known for its nightlife - but don't let this put you off, even if what you're looking for is a slow paced, authentic Spain holiday because Sitges offers that too!

The town is very much a 'Spanish' town, not overrun by tourists (many of the tourists you will

find are Spanish, visiting from nearby Barcelona). The beautiful buildings date back to the Spanish Renaissance when rich traders returned here, having made their fortune in the colonies and wanting to show off their wealth. A stunning baroque church lies at the centre of the town, and a scattering of palm trees line its streets.

Sitges has a great balance of beach and



culture. There are several museums and galleries in the town, and even stunning Roman ruins designated a UNESCO World Heritage Site. To top it all off, there is a wide sandy beach surrounded by green rolling hills for when you just want to lie back in the sun and relax.

*Between the late-18th century and the early-20th, the history of Sitges was dominated by its close links with Spain's overseas territories, most importantly Cuba. Thousands of youngsters from Sitges settled in Eastern Cuba. Some of them thrived and created big firms, including Facundo Bacardí, founder of **Bacardí Rum**.*



Gerona Cathedral, which featured the Great Sept of Baelor in King's Landing, in *Game of Thrones*. Photo by Francisco Jiménez

Gerona

Just over 60 miles north of Barcelona is the medieval town of Gerona. Set back from the coast at the point where the rivers Ter, Onyar, Galligants and Güell meet, the town can date its history as an important gathering place to before Roman times.

More recently, it featured in HBO's *Game of Thrones* TV series.

It was mostly used to film scenes set in the city of Braavos, and also some

scenes set in King's Landing.

The town has a strong Jewish history as the

capital of cabbalistic theology throughout the Middle Ages. Gerona's Jewish Quarter (the Call),



Blanes. Photo by Juliya Mockba.

with its narrow medieval streets, is still an impressive, atmospheric place to visit today.

The Gothic cathedral, which lies at the heart of the town, is an impressive sight and featured in *Game of Thrones*. But there is more to do in Gerona than just sight-see: the town has a young, vibrant spirit with a rich cafe culture and plenty of restaurants and bars to relax in for a spot of people-watching.

Blanes

The two and half miles of golden sand beaches and crystal clear waters of the Mediterranean are what draw most people to the pretty coastal town of Blanes. Set at the gateway between Catalonia and the Costa Brava, Blanes has somehow managed to

avoid the intense tourism of some of its neighbours and is more popular with Spanish visitors than with those from abroad.

The old town still functions as an authentic Catalonian fishing village, with a vibrant fish auction and fresh fruit and vegetable markets. Restaurants serve local seafood and tapas bars are full of residents relaxing at the end of the day.

You can get to all the above destinations by public transport or by airport transfer.

Lukas Johannes is a driver for shuttledirect.com the number one provider of shared and private airport transfers all over Europe and northern Africa. If you're looking for an affordable Barcelona Airport transfer, Lukas and his colleagues can make sure that you and your luggage get to and from the airport swiftly and safely.

Ready for the Road

The World's Most Epic Motorcycling Routes

by LAURA JEEVES & ETHAN BAILEY



Is there anything quite like seeing the world glide by from behind your motorcycle helmet visor? Nothing but you, your buddies and the open road. The unbelievable rush of roaring along Route 66 at a tidy 75 mph beats a lazy beach holiday any day of the week.

For the ultimate rush of a roadtrip with just your bike, backpack and the road, give one of these epic adventure routes a go.

Route 66, USA

The mother of all road trips, this 2,400 mile route starts in Chicago

and cuts through the country all the way to LA. Depending on how much time you have and what interests you the most, you could either drive a section of it or go the whole hog (on your hog!) and see the whole thing. It winds through Arizona, New Mexico, Texas, Oklahoma, Kansas and Missouri, and doing the whole shebang would take 3 to 4 weeks according to seasoned bikers who've lived the legend.

Spend some more time getting to know (and win big in!) Vegas, experiencing Death

Valley and admiring the Grand Canyon.

The South Island, New Zealand

This stretch of land is just breath-taking. Expect to see awe-inspiring landscapes, forests, fjords, mountains and beaches along the way. The other-worldliness of the backdrop to much of the Lord of the Rings movies will be amazing to drive along to. Other bonuses of this route include the lightness of the traffic, the smooth tarmac road surfaces, and the incredible scenery really must be mentioned again.



Stop and enjoy the Franz Josef Glacier, revisit civilisation in the city of Nelson, relax on the shores of Lake Mapourika and visit the Aspiring National Park. These are just a few attractions on the 2,100km stretch of road.

The Transalpine Route, France, Switzerland, Austria and Italy

If staying closer to home with the added bonus of bringing you bike without a huge amount of effort, this is the route for you. Starting in Grenoble in France and winding 2,400km all the way through the Alps to end in Venice, Italy, you've got a couple of options when it comes to traversing the Alps with more easy routes right up to a couple of more challenging ones. Expect spectacular mountain landscapes, steep gradients and a hell of a lot of tunnels, bridges and viaducts. Don't forget to bring a load of loose change for the tolls, and don't miss out on the

climb to the Stelvio pass!

Ruta 40, Argentina

At 5,301km this is one of the world's longest roads. It starts in Cabo Virgenes in Santa Cruz and snakes its way up to Quiaca in Jujuy, with gorgeous views the whole way along the route which runs beside the Andes. This route cuts through or drives by a whopping 20 National Parks! With incredible scenery on offer as well as the chance to ride from the South to the North of this huge country, this route is rightly popular.

Whether you opt for New Zealand, the Alps, Argentina or the USA, travel insurance by Let's Go Insure gives you the cover you need to make the most of your roadtrip without stress.

Drive carefully and to drive safely, keep to the speed limit. Always have the necessary

documentation and safety gear at hand.

Ethan Bailey is an experienced adventure traveller and insurance expert with the team at Let's Go Insure. Ethan's passion is to inspire his clients to go just that little bit further, deeper and higher on their travels and his expertise in providing the ideal insurance cover allows them to do just that. If you're looking for the best [USA travel insurance](#) Let's Go works with the most experienced underwriters, intermediaries and insurers to offer a range of competitive insurance without compromising on cover.

STAYCATION

PHOTO EDITORIAL

Photographer: Brendan Bishop
Model: Chantelle @channy_maria











MODELLING COMPETITION

Win a photoshoot in a luxury country manor, £100 of lingerie or swimwear and be featured in the next issue of Riviera Ready Magazine*

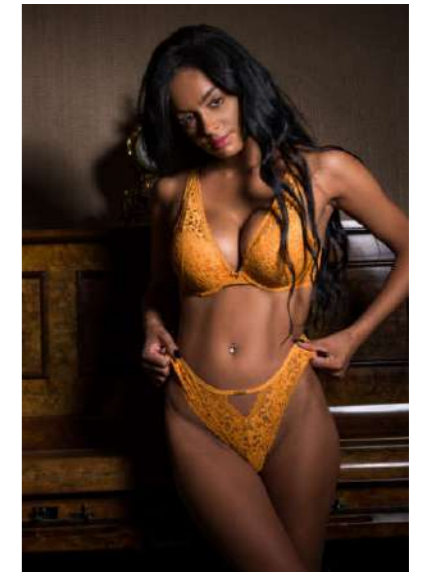
To enter the competition:

- 1) Follow our three Instagram accounts: @rivierareadymagazine @rivieraready and @sultrysirens swim
- 2) Tag a photo of yourself to all three accounts wearing either swimwear or lingerie with the hashtag #rrmagmodelsearch
- 3) If you wish to submit additional photos or information you can send them to models@rivieraready.com

but you must also complete steps 1 and 2 in order to qualify for the competition

* Competition open to female models anywhere in the world, but travel costs to and from Maidstone in the UK are not covered.

The winner will be chosen by our judges.



Australia

Could the land down under be your next holiday destination?

By Wendy Palmer. Photographs by Brendan Bishop



Australia is a land with a unique flora and fauna that is found nowhere else on earth. It is also a land of many contrasts and a wide variety of climate that ranges from tropical to sub alpine. It is easy to forget that this vast island – continent has

only been known to the rest of the world for just 250 years.

Australia is roughly the same size as the U.S.A. (if you exclude Alaska) whilst its population is only one tenth of the U.S.A.'s That means there's plenty of room for both the Aussies and their visitors! It also makes the Australian continent the world's most sparsely populated continent - with the obvious exception of Antarctica.

Overall, Australia is the driest continent in the world, but the lush and fertile area that makes up its eastern seaboard provides the majority of its population with a much more hospitable place to live. Separating this fertile land from the vast, barren outback region is a mountain range named the Great Dividing Range. At its southern end you will find the Australian Alps or Snowy Mountains as the Australians call them. Both names are equally apt because these mountains receive as much snowfall as Switzerland.



In addition to these amazing variation of climate and terrain, there are also large regions of savannah grasslands and a distinctly Mediterranean climate around the coastal areas of the south west. Many areas of northern and eastern Australia experience a tropical climate and there are

both tropical and temperate rain forests to be found. Yet despite all of these huge areas where water exists in abundance, the vastness of Australia's interior is what makes the continent the world's driest. This enormous area is what is referred to as the Outback and it is perhaps the very heart of

Australia in terms of feeling as well as in physical location. It is probably a picture from the Outback that pops into most people's mind when they think about Australia. There is something so awe inspiring and unique about the total emptiness of this landscape as it seems go on to infinity, that it demands to be experienced by every visitor no matter what else they have come to see.

Australia is made up of seven states. These are:

1. **Tasmania** – an island with a temperate rain forest south east of the Australian mainland and on the same latitude as central New Zealand.
2. **New South Wales** - Australia's most highly populated state and located in the south-east of the country. It is here you will find Australia's biggest and probably best known city, Sydney.
3. **Victoria** - the smallest mainland state but also the one with the highest density of population. Australia's second largest city, Melbourne is located near the south coast of this state and as well as enjoying a Mediterranean climate it boasts the World's largest Greek population outside of Greece!



**The Great Barrier Reef
Great Keppel Island, Queensland**



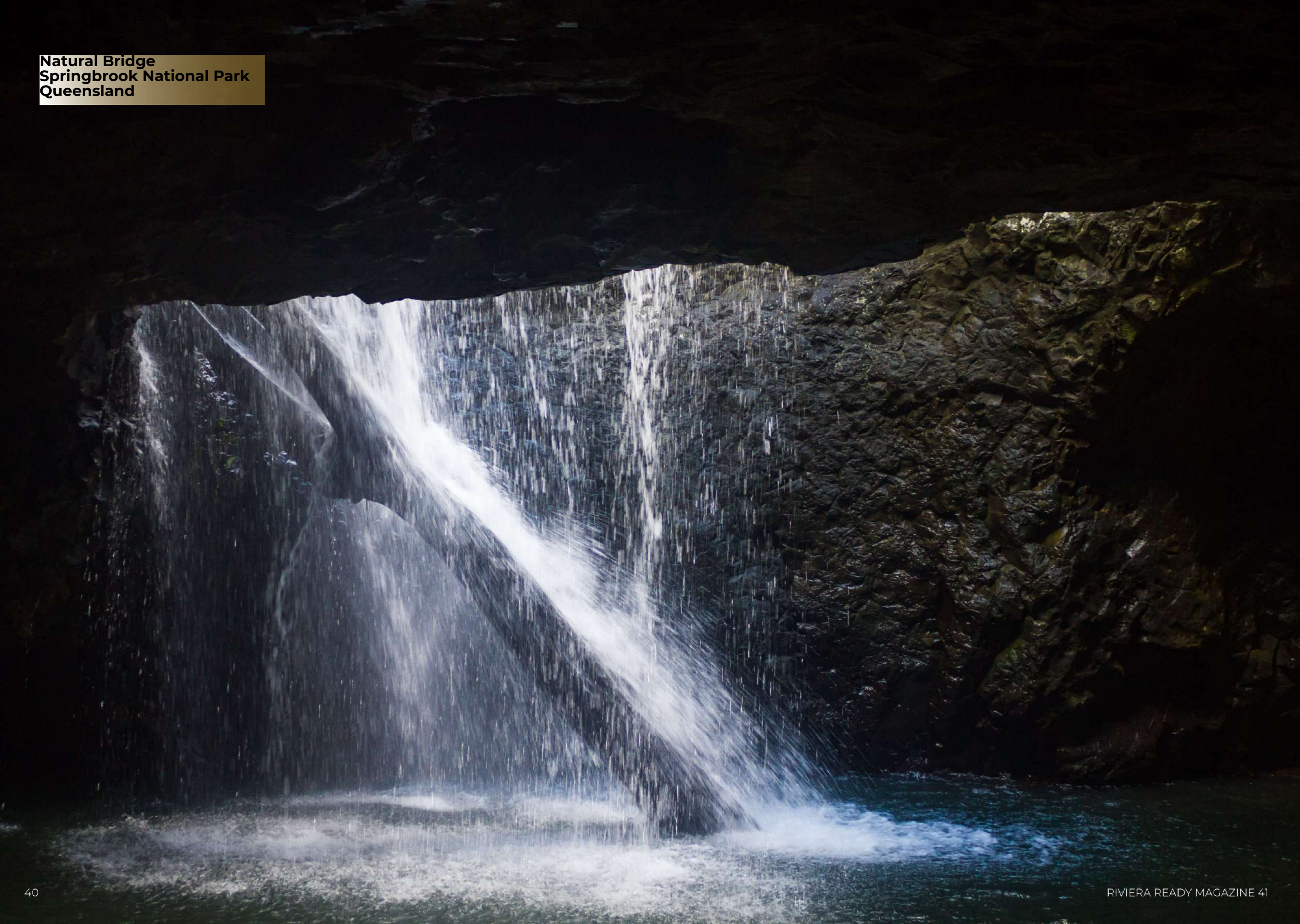


**Byron Bay
New South Wales**



**Springbrook
National Park
Queensland**

Natural Bridge
Springbrook National Park
Queensland









A Southern Cassowary eating fruit. Cassowaries are the third tallest and second heaviest species of birds on earth. The Cassowary has often been described as the world's most dangerous bird.

A large saltwater crocodile, or Salty, as the locals refer to them.

Saltwater crocodiles are the largest crocodile species in the world, and the largest living reptile in the world.



Some Red Kangaroos in the shade.

The red kangaroo is the largest of all kangaroos.



A Dingo resting.

For many years scientists believed dingoes are descended from domesticated dogs. New evidence now disputes this theory.



A Koala waking up.

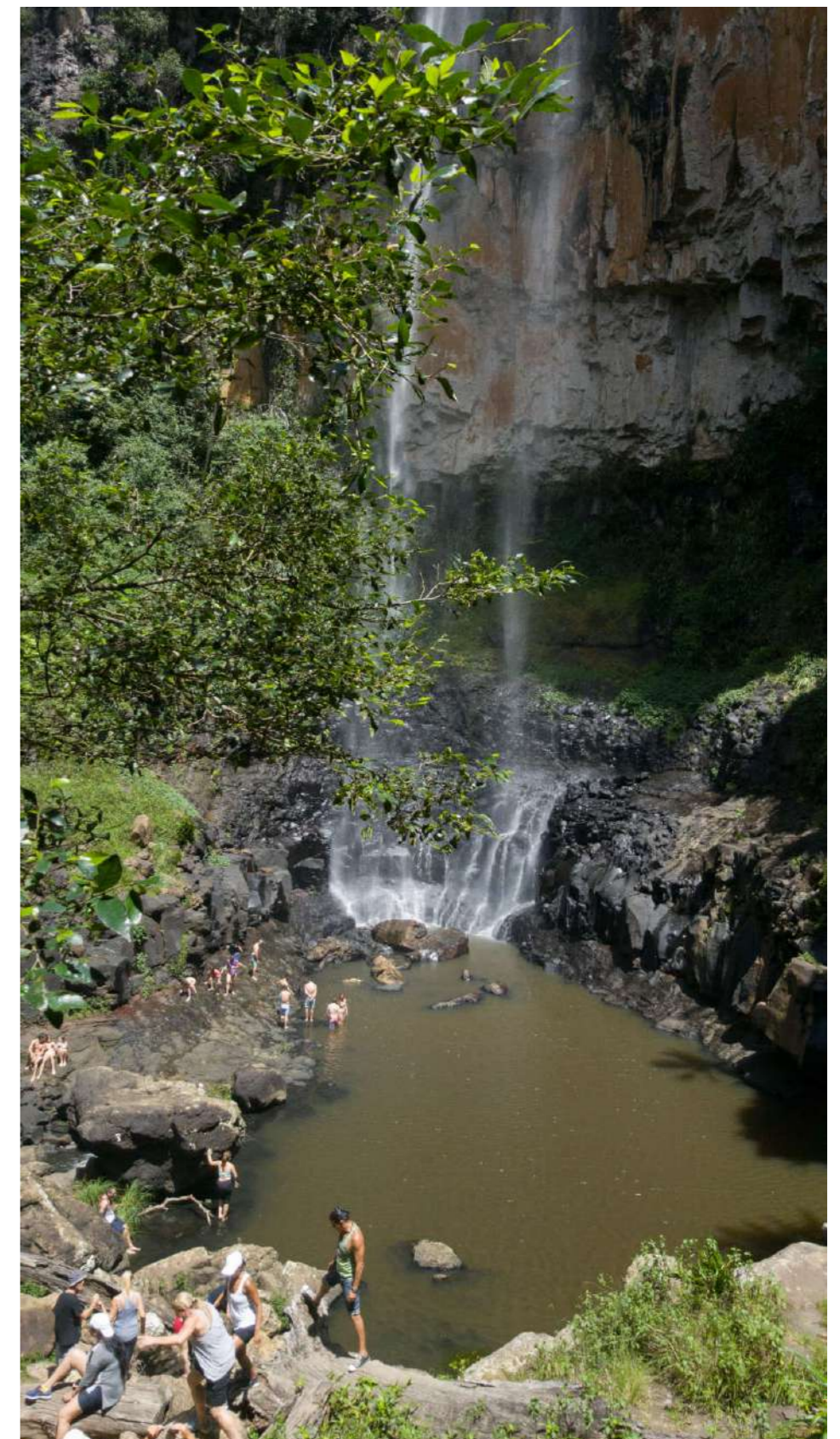
Koalas sleep for up to twenty two hours a day.

4. **South Australia** - bordered by the Southern Ocean and the home state of Adelaide, Australia's capital city.

5. **Western Australia** - This vast area is Australia's largest and, covers the whole western third of the Australian mainland, thus making Perth, its capital city, one of earths most isolated large cities.

6. **The Northern Territory**- This state is very sparsely populated and is tropical in the north and desert in the south. The capital of this state is Darwin and its other main city is Alice Springs. Alice lies in the heart of the Outback, and is the city every tourist sets off from to visit Ayers Rock

7. **Queensland**- This state occupies the north eastern corner of Australia, and experiences both tropical climate and subtropical climates. Its principle city is Brisbane which has 1.2 million inhabitants. The great barrier reef is located off the coast of Queensland and the state has some of the finest beaches in Australia.



Swimming in the jungle.

Natural pool at the bottom of the waterfall in Springbrook National Park.

Bondi Baths
A spectacular swimming pool managed by the Bondi Icebergs Swimming Club





Sultry Siren Swimwear

*We showcase some of the best images from our
Photoshoot in the Spanish Riviera*

Photographs by **Brendan Bishop**
Modelled by **Catherine Massabki**







Sultry Siren® is Riviera Ready's own brand and our sexiest swimwear range. Designed to stand out from the crowd, it is perfect for the pool, beach or yacht.

We sent Photographer Brendan Bishop to Marbella in the Spanish Riviera and to the nearby ultra-hip surfing town of Tarifa, renowned for its white sand dunes and clear blue sea, to shoot model and Riviera Ready brand ambassador Catherine. As well as a model, Catherine is a personal fitness instructor, so her toned figure makes her an ideal Sultry Siren model! Catherine is represented by [Target Models International](#), who have branches in the UK, Spain and Sweden:



targetmodels.com



This Page: Marbella Top £25, Marbella Bottoms £25. Facing Page: Summer Top £25, Summer Bottoms £25



Cathy Swimsuit £49







Madison Swimsuit £39



Madison Swimsuit £39







Madison Swimsuit £39



Marbella Top £25
Marbella Bottoms £25





















Wish You Were Here

Ukrainian model and fashion designer Maryna Marynchenko describes the journey that led her to live in Cannes and gives us an insider's view of what it's like to live in the French Riviera.



Traveller, model, animal lover, horse rider and sports lover, stylist, make-up artist, fashion designer, Tarot student and more... Riviera Ready Magazine brings you an exclusive interview with this talented and beautiful Cannes resident.

So, let's begin... As we already know, your name is Marina, you currently live in France and love sports and fashion.

Good day. Yes, I live on the French Riviera and today I will tell you a little about myself, what I live

for and why I moved to live on the Cote d'Azur.

I am from Ukraine, from Kyiv, I was born there, I graduated from a Ukrainian school and a pedagogical university, studied English and Spanish, and got into modelling and sports.

What did you want to be as a child? Did you have a dream?

What did I want to be as a child? - now that makes me smile, but I really wanted to become an archaeologist. Perhaps even then I was attracted by the mysteries of our world. The dream is to have your own business and beautiful clothes, achieve

financial independence, travel, discover new countries, new people and their traditions, live in a place that will inspire me and where I will feel comfortable.

You said that you worked as a model. How old were you when you started your journey? What did you start with? Are you still doing this?

Mmm.... I started quite late, I think in 2004, when I was already in my first year at University. My mother encouraged me. Now I work less often, as I have shifted the focus to my physical and spiritual development, because when I shoot 8 hours a

day, then I want to have a good sleep!

We spent a week printing photos of models of different appearances and some brief information about them. Then my mother decided to send my photos to a newspaper editor. The day after the release of the next edition, I was awakened by a call from a friend and classmate, who joyfully shouted on the phone, saying that the newspaper had printed only my photos. You see, previously there were always several girls. I couldn't wait for the newsagents to open so I could buy my copy. My happiness knew no bounds. My first parent agency was Lya Fam Models, then I collaborated with Linea 12 and InterModels, which are all in Kyiv. Then I started working abroad a lot, and almost never went back to Ukraine apart from to see my parents. Until 2016, all my work was in different countries: I lived for some period in: Dubai, Jakarta, Beirut, Guangzhou.

I worked all these years with different brands, such as: Hush Puppies, Harper's Bazaar magazine, Jiamei, Speedo, Zoe Petrina, R&D Design, Wangtao, SHEIN, Zafu, Miano, Leibiya, Tracy, I don't remember everything, did various fashion shows for many famous brands.

How often did you change your place of residence? It can't be easy to have to start over and over again, new language, people, continent...

Yes, you are right, it was not easy. Everything is new, and in every country you start your life anew. There were countries where I started to learn the local language, get used to the new area, traditions, people, how they work, etc. It's not easy, but at the same time there was a lot of positive, interesting work, cooperation with professionals, interesting locations; it gave me financial freedom and new skills. It's like a raging sea- the business itself, with a lot of positives and negatives at the same time. The main thing is to come to

this at the right age and when you have a clear understanding of where you are going and what you want from life, so that you do not spin in the cycle of parties, the wrong choice of social circle, easy money or something worse. I will say this, there are many temptations, the main thing in this business is to have a head on your shoulders and go towards your goal.

You mentioned you have lived in many places and visited many countries through your modelling. Can you tell me where have you been?





I managed to visit America, in 2007. I was on the *Work and Travel* exchange programme for four months. My first country was Egypt; it won me over with its unusualness, language, food and music. I have been to Turkey many times, Singapore, Kazakhstan, Amsterdam, Brussels, Poland, Paris, Germany, The Emirates for almost two years, Indonesia for one and a half years, China for five years, then immediately after that I lived in Israel for some time, Thailand, Russia, Greece, Lebanon, Spain, Romania, Luxembourg, Italy, Lithuania, Latvia, Switzerland, Seychelles, Romania... I can't remember any more.... But this isn't it for me, I want more!

Now you live in France, is this the last destination ? Or are you planning to move again? How did you get here?

I have always liked France, I have always loved the French language, and dreamed of learning it, but somehow everything did not work out. The second time I came it was to Cannes, and not to Paris, on a work trip for a few days and fell in love with this city. It was a place where I felt very comfortable and I thought 'I could definitely live here'. That was in 2016, and I have been living here ever since. As for moving again, I don't even know ... life is unpredictable, but I'm not planning yet, I really like it here. Where

else



could you find: the sun 365 days a year, the sea, palm trees, the flow of people, a wide variety of exhibitions, conferences, the Cannes Film Festival, a music festival, a fireworks festival, a variety of restaurants, bars, nightlife and a very convenient location of the city itself, with Italy, Spain, Germany, Switzerland and Monaco at hand. Do you want the sea? It's right there. Do you want the mountains? The snow capped Alps are nearby, your every wish is here.

You have been living here for almost six years. Please tell us what you like to do here; what places, restaurants you prefer, and what would you

recommend to our readers?

Oooh, I'm a gourmet, I like to eat delicious food and understand wines, so I often go to places where they cook delicious food. It all depends on what you prefer, if you want to have a snack in the afternoon in **Cannes** - choose from: Caffé Roma, La Mandala, Santelmo, Café Hoche, Miramar(on the beach), L'écran, La villa blue, L'alba, Le Moure Rouge or La Môme Beach will always delight you with variety and food overlooking the beach, and also La plage du Festival. In the evening, if you want to go to the 'top venues', then these are: La Môme restaurant,



restaurant for its shows is L'opéra, but it's difficult to get in, especially during the high season so you need to book early in advance! Nikki Beach - a daytime party venue which smoothly flows into an open-air club and a VIP room club, Byblos; during the day a beautiful restaurant then turning into a party venue - Verde beach!

My favourites in **Nice**: For a restaurant in the daytime - Le grand café de France, which has a very nice elevator and a small hidden terrace. There's a beautiful view from the terrace of the hôtel Méridien. In the evening - Côté Lounge.

Also be sure to visit Villa and garden Rothschild, drink coffee with dessert in the garden and admire the view, Grand Prix in **Monaco**, African Queen restaurant, Hotel du Cap-Eden -Roc for lunch, Fairmont hôtel Monte Carlo, overview -Tête de chien. I think that's enough suggestions for now, but subscribe to my Instagram @kerybredshow and you will always learn of new places worth visiting!

Where else can you go? I would advise:

Monaco: Just walk around the city, it is not very big, but beautiful, visit the Botanical Garden of Monaco, the Japanese garden with ducks, the museum of vintage cars, the Cathedral of St. Nicholas, the Prince's Palace, the Monte Carlo Casino, the Oceanographic Museum of Monaco, which is a very interesting place,

Baoli (only open in season), la petite Maison, Annex, where they always have a cool show and it's on a good location on the beach. The restaurant is run by a cute couple from Italy. less expensive, but very good establishments: Speak Easy (a restaurant with live music smoothly turning into a party), Luigi (mini club restaurant), Pastis, which is one of my favourite places, Zoa bistrot (live music and good sushi), La perle (seafood), Le caveau 30 (very tasty).

I recently found a small but very tasty restaurant Bistrout Farigoule and the menu is €19 .

If you find yourself in **Monaco**, then I recommend: Sass - a high class restaurant, favoured by many celebrities, MayaBay (Indian food), Gaia, Cipriani (Italian popular restaurant), Buddha Bar (sushi place with disco and Dj), Coya club and restaurant - Twiga and American Bar.

If you go to **Saint Tropez**: the most famous

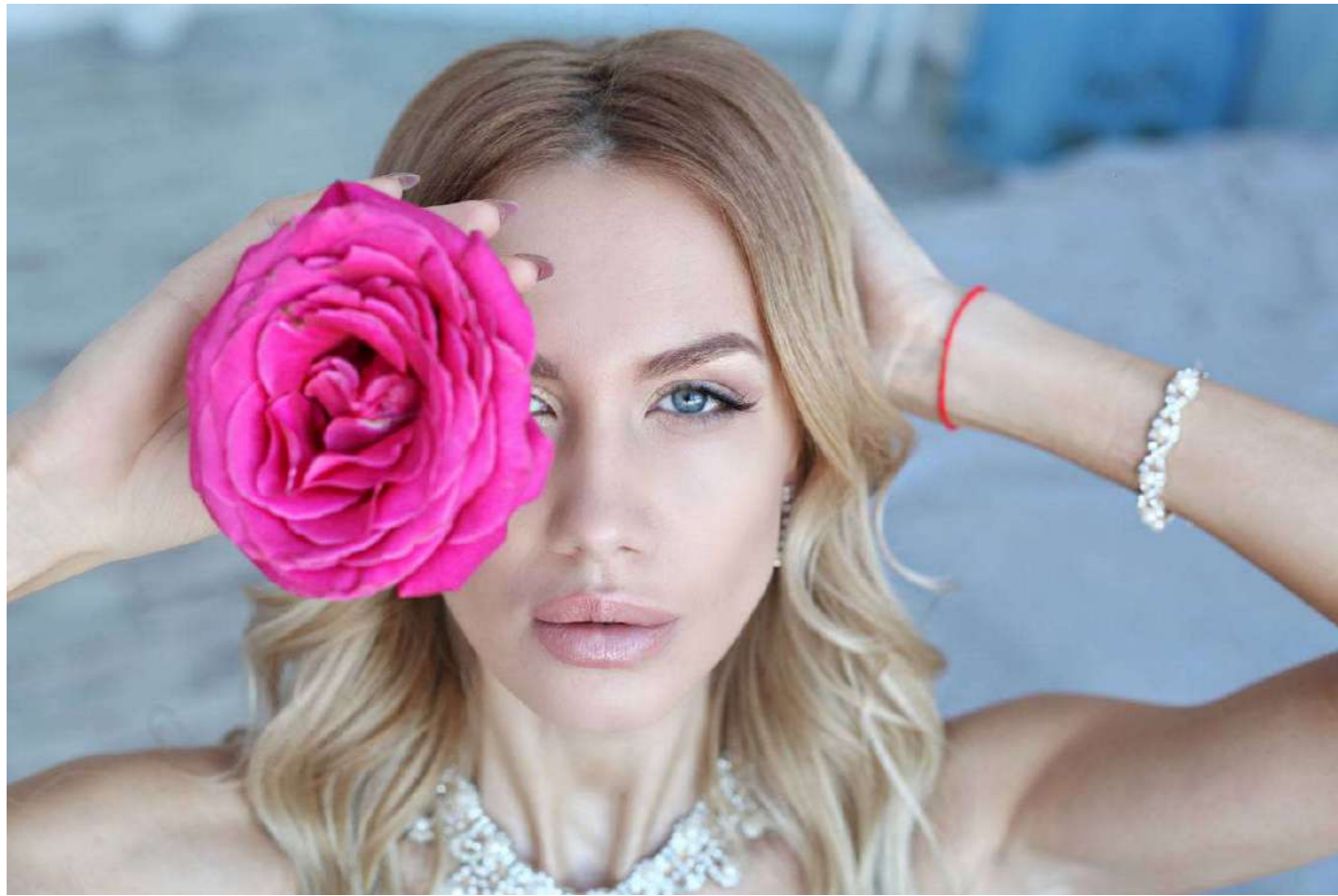












founded by Prince Albert. Then have lunch at the Cafe de Paris with a beautiful view of the square.

Nice: Walk along the English promenade, go to the Negresco Hotel, which was built in Renaissance style. Walk through the old town, and do not forget to walk along Massena Square, where all the boutiques are located), see Garibaldi Square, visit the Cours Saleya Flower Market. If you are a museum lover, then you have a direct road to the Matisse Museum, Marc Chagall Museum, Museum of Fine Arts, Muséna Museum, Asian arts museum. There is also a very beautiful Nicholas Cathedral, the North Dame Basilica, a very

beautiful view from the Castle Hill.

Cannes: The Cannes Film Festival every spring,; walk along the Croisette, along the avenue of stars, the old quarter of Le Souquet, Rue d'Antibes for shopping, the marvellous Forville market, Notre-Dame-de-Bon-Voyage, Lenin Abbey in the Lérins Islands- tourist boats go there, the Mariland Marine Park in Antibes, the unforgettable pyrotechnics festival that takes place every year in the summer, and finally the Cannes Yachting Festival.

And also: two large Malls : Cap3000 and Poligone, the old town of Saint Paul de Vance, wonderful lavender fields, but you need to consider that

they bloom in a certain period of the year, so check before the trip.

You said that you love sports, which sports did you do and do now?

In my life I have been involved in many disciplines, since my profession requires me to always look good and have a beautiful toned body. I achieved this thanks to swimming, fencing and basketball. I really like running, and by the way, I ran my first 21 km half marathon not so long ago in 1:56 hours. I did in Thai boxing in Ukraine as well as equestrian sports and gym. I love yoga because it helps me to concentrate and relax at the same time, it maintains the balance

and shape of the body and fills me with positive energy. I have been practising it for thirteen years now, and I am currently studying at a professional school to become a coach.

You mentioned tarot cards, are you really into that?

Only for the soul so far, but I continue to learn from Angela Perl.

This is a complete set!

- yes, I said that I don't like to sit in one place and have a versatile personality!

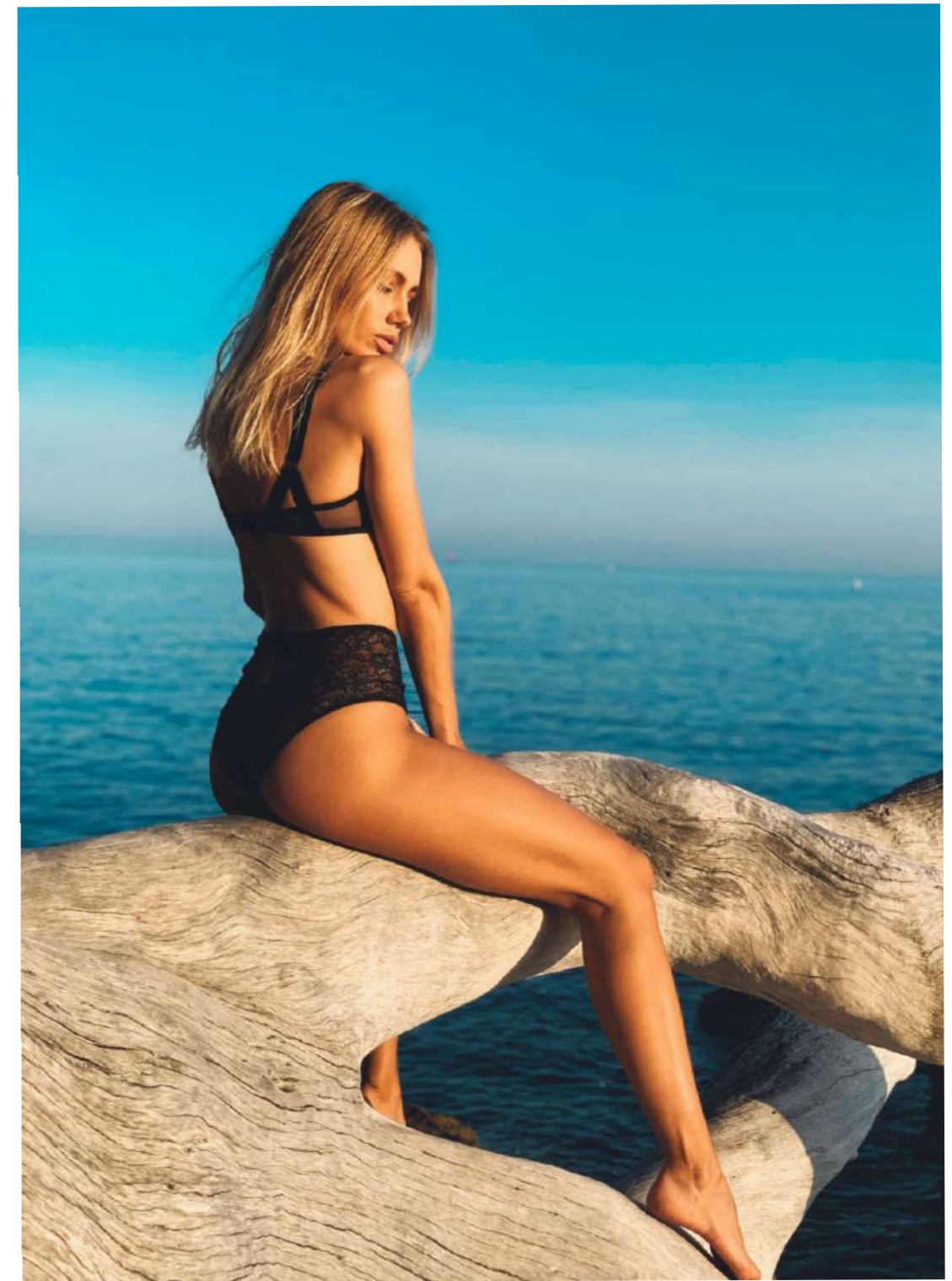
What else do you like to do besides sports?

I love to go to the sea on a motorboat, I recently got my license. Travel and discover new places nearby, go to good restaurants, bars, cinemas, or invite friends over for dinner.

Do you know how to pilot a boat?

Yes (laughing). I like to drive a car more; at first I didn't even understand the meaning, now I already like it. In general, I like constant movement, I do not like to sit still.

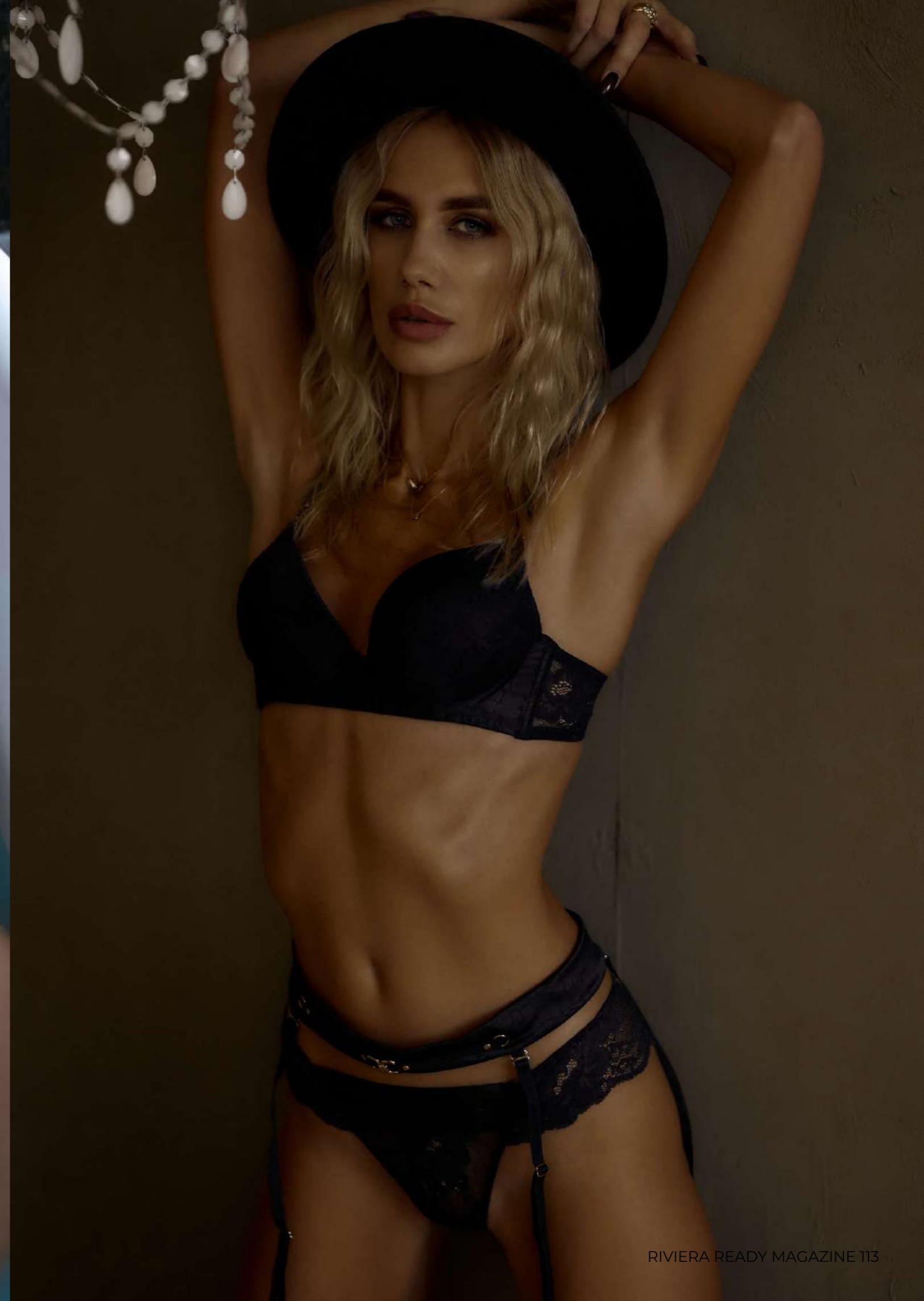
Let's move on to another topic, you said that you are from Ukraine. In connection



with the situation in your country, when was the last time you were there? Do you have relatives there?

Unfortunately, due to the Russian invasion of the territory of Ukraine and active hostilities, I do not go to my beloved Ukraine as often as I would like and did before. My mother and grandmother stayed at home, unfortunately we

lost our father at the end of last year, although not due to hostilities. Now the word 'peace' has acquired its true meaning for me. I see things a little differently. I travelled to Kyiv at the beginning of October 2022, just as Russia was again bombing residential areas of Kyiv. Feelings are not pleasant, although I realised that nothing will frighten our





you live in another country, where you have everything and no crazy neighbours, it is difficult to understand and feel what our people are going through at the moment... I really want the War to end as quickly as possible and stop the killing of innocent people, children, women, men... animals. You know, many Ukrainians have now moved to France, not because it is better or more beautiful here, but because many simply had no choice. Our nation loves to travel, but loves to live at home, in Ukraine!!!

We all want this horror to end and we wish you, your family and nation the strength to defeat the enemy.
Thank you !

And what are you doing at the moment?

At the moment, I am developing my personal clothing brand, **Martinoli**, which consists of evening, cocktail and summer

people. I got into a period when the lights were turned off at home and on the street, there was darkness everywhere. To be honest I don't understand how in our time someone can be 'For the war'. After all, the

World has experienced so many troubles and a warrior should, on the contrary, try to do everything so that history does not repeat itself !!! I will say this, no-one will understand Ukrainians properly, because when



dresses that will turn any woman into a Queen. I have a seamstress that makes patterns and sews my ideas.

Where can you see your work?
-You can see my designs here:
[marina-marinchenko.irisarke.com](https://www.marina-marinchenko.irisarke.com)

or on Instagram
@martinoli_brand
I am also open for cooperation on my main Instagram page
@kerybredshow,
come in, write, I will be glad to see you all there. Let's make this world a better place together.



PHOTO CREDITS - INSTAGRAM

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DIANA SHAVA @diana_miano
Makeup Dana Chan Page 95

STANISLAV ISTRATOV
@flexfreamscom Pages 100, 101

MERI MORKSAYA
@morskameri_photographer Pages 97, 110

KONSTANTIN MYTSKO
@mytsko_konstantin Page 112

JULIE TERESHCHENKOJ
@tereshchenkoj Pages 98, 106, 107

ANDREI BOCHKA @andreibochema
Pages 103, 104, 113, 114

DODI MARKUS
@markusdodi_fotograf_timisoara Page 102

Miss Swimsuit British Isles

Shirley Wright is a makeup
artist, model, and current
Miss Swimsuit British

Isles
Photographs
By Nick Price



MISS SWIMSUIT
BRITISH ISLES









Miss Swimsuit British Isles is a national modelling competition attracting top models from across the British Isles

Prizes include fantastic photoshoots in Marbella, Spain and Gibraltar as well as a modelling contract.

Shirley trained as a make-up artist aged 18 and worked for leading make up salons in the Merseyside area. She was then asked to work with photographers styling photo-shoots.

It wasn't long before the photographers wanted Shirley as the model too and having picked up the courage she was soon doing swimwear and lingerie shoots.

Shirley recently went to Marbella and Gibraltar with the Miss British Isles team.

The trip included dining out at Ocean Village, Gibraltar and Puerto Banus Harbour.

All the winners were also treated to a sightseeing tour of Gibraltar.

Shirley not only modelled herself in the sun but she also helped style the shoot selecting the clothing for other winners but also doing their make-up.



You can see Shirley's make up work on Instagram [**@shirleywright_x**](#)

You can follow her career as Miss Swimsuit British Isles also on Instagram [**@missswimsuitbritishisles**](#)

SPA Holiday

Spa vacations are fast becoming a growing trend in destination holidays

by WALTER SMITH



The concept of a spa or therapeutic healing through water treatments dates back to prehistoric times. Europe and Japan are considered as some of the most popular spa treatment destinations around the world. There are day spas which are a type of beauty salon which gives therapeutic treatments to the customers, and there are spa towns which are towns settled around a hot spring or similar areas which have therapeutic natural water source and are visited by

many tourists from far off places. Nevertheless curative bathing or spa treatments have been a popular choice for curing many ailments or for a healthy glowing skin. The process of travelling to far off places for therapeutic baths to cure ailments is an age old concept. However there are a number of businesses emerging in this field which help arrange a complete health package for the traveller, along with all the lodging and travelling arrangements. This trend, also known as destination spa is becoming quite

popular among holidaymakers who want to do something productive with their vacation. The expense of a spa vacation is much more than that of a simple destination holiday since the former entails special health treatments as well as a promise of relaxing and exclusive surroundings. There are many spa and travel organisations emerging which help arrange these spa vacations for travellers. They also offer many attractive deals since they tie up with certain spas and wellness

centres in order to bring customers to them in turn for good deals. Destination wellness is one such organisation which helps arrange spa holidays in France for individuals as well as families. The thing that sets them apart from other similar organisations is that they also provide recreational, cultural and sporting activities along with the spa treatments. In short they offer a complete package for a family vacation where parents could indulge the spa while the children enjoy other recreational activities.



RIVIERA READY LINGERIE

Former IFBB Miss Bikini Ukraine Tiana Sakhno models some of Riviera Ready's best selling lingerie and explains how she trained to win the title

Photographer:
Brendan Bishop
Model: Tiana Sakhno







*In this page and the next Tiana is wearing:
Ravenna Corset, Colour: Cherry
Romance Stockings, Colour: Cherry*











To be or not to be?

The answer for me is always "TO BE"...

To be kind, to be smart, to be loved, to be healthy, to be in good shape...

"Healthy body - healthy mind", -that's why I always do sport and stay fit...That's the way my father taught me! He always told me "You are a girl, you have to do sport and do the splits" So I recently decided to enter the "Miss Bikini Ukraine" competition, with no prior training or experience. I trained hard for three months, and I am very pleased to say I was one of the winners!

I had trained and transformed myself in just for three months, starting from zero... I proved to myself that I could do it! And since winning I have kept going to the gym few times per week, it has now become my lifestyle.

"We are what we eat; that is why I usually try to eat healthy food, because your stomach uses a lot of energy to processes food. If you eat food that is easy to digest you can use the energy you save for something else, as you feel more energetic.

I get inspiration when I travel. It helps me to empty my mind and to feel freedom. I have visited more than sixty countries, and seen so many different cultures. I have tried different cuisines, and I have learnt a lot from other people, so it's so hard for me now having to stay at home...But we have to!

But books helped me during quarantines and lockdowns... I would say my two favourite books Karen Horney's "Self Analysis" and Eric Berne's "Games People Play" have both changed my life in some way! They helped me to understand why people act differently in the same scenario and how to change mine. These books helped me to understand myself...

So, to quote William Shakespeare, "To be or not to be, that is the question... "To Be" will always will be my answer; To be who you are meant to be, to accept who you are with all the pros and cons.



Tiana is also a singer and actress, and has her own jewellery brand tianajewellery.co.uk

SHIP AHOY

Discover the Mediterranean Marinas Where the Jet Set Play

By LAURA JEEVES & JOHN DIXON



Do you ever flick through the pages of fashion magazines, see the rich and famous taking in the rays aboard their latest super yacht and think – that’s the life for me? Why not follow in their footsteps? A super yacht may not be practical for everyone, but there’s no reason you shouldn’t enjoy the luxury and splendour of the Mediterranean marinas in which they moor their vessels for a spot of shopping or a lavish night out.

From Vilamoura in the Algarve, and Puerto Portals in Mallorca, to Marina Rubicon in southern Lanzarote, holidays to these exclusive marinas can make an indulgent, luxury option for those looking for the ultimate ‘jet set’ getaway.

Here are my top recommendations for super chic seaside Mediterranean locations.

Playa Blanca Resort – Lanzarote

For those looking for the ultimate exclusive marina experience, look no further than Marina

Rubicon, part of the Playa Blanca Resort in Lanzarote. Holidays to Marina Rubicon are a mixture of up-market shopping, excellent waterside eateries – where you can spend long lunches drinking fine wines and people watching, as well as indulge in some spas.

My top recommendation for somewhere to stay would be the H10 Rubicon Palace, where you’ll be treated in the lavish style you deserve. Rubicon Palace caters so well for its guests that it has three distinct zones

depending on your mood, including a quiet zone for adults to enjoy the tranquil elegance of their surroundings.

For the ultimate Lanzarote holiday, book into one of Rubicon Palace’s ‘Privilege Rooms’ and you will be able to enjoy the free bar and private terrace of the exclusive Privilege Lounge. Of course, if you still need to unwind after all that luxury, then you can always head to the Thalasso Spa for the very latest beauty and wellbeing treatments.

Puerto Portals – Mallorca

With guests including Brad Pitt, Paris Hilton and Jim Carrey all stepping ashore to enjoy the luxury of Puerto Portals, a holiday here should put you in excellent company. The shops are to die for, with all the big designer names present, so make sure you bring your credit card and leave time in your itinerary to shop.

The legendary Flanigan Restaurant on the waterfront is an experience in itself, and is popular with many of the yacht guests moored in the marina. If you’re enjoying the vibe then carry on at Roxy’s Beach Bar after hours for some upmarket partying.

The place to stay here is definitely the Iberostar Grand Hotel Portals Nous, with its attentive butler service and elegant suites themed to fit your mood.

Vilamoura – Portugal

For the world-class golf crowd there is no better place to go than Vilamoura on the Algarve. Rub shoulders with the yacht set as they tee off, then meet them again later as they play a very different game at the tables of the exclusive Vilamoura Casino.



Vilamoura is a great place to party and a number of celebrities, and those who just want to be seen, come ashore here to enjoy the food at restaurants on the marina like Sete Café (owned by legendary footballer Luis Figo) with its famous White Room upstairs. After dinner this crowd often heads to the Kadoc Club to dance until dawn. My favourite place to stay here is the Lake Resort with its shuttle service to the golf course and a luxury spa to relax in.

Holiday like kings and queens (or at least like millionaires) in these Mediterranean resorts and discover the relaxation of having all your needs met at these luxury establishments.

About the Author:

John Dixon is an experienced world traveller and the Managing Director of Prestige Holidays. For over 30 years, he has been providing luxury [Lanzarote holidays](#), as well as holidays to Croatia, Sicily and many other destinations around the globe. John tries to visit each of the destinations regularly in order to ensure the quality of his properties, and stay up-to-date about the latest local news and events. He has a taste for the finer things in life and has an interest in arts, history and culture.

TIANA

The London based Jewellery designer talks to us about her brand and designs

What inspired you to start your jewellery brand and why are a peacock and peahen the symbol of your jewellery brand?

I was inspired to create my jewellery brand based on a love story between my husband and me. My husband convinced me to pursue my own dreams and create a jewellery brand that would complement my creativity and passion.

I chose the peacock and peahen as a symbol of my brand because they represent the beauty of our love.

The world of peacocks and peahens also symbolise qualities such as nobility, pride, and self-assurance. These are values that I strive to embody in my own life and work. By creating jewellery that is inspired by the peacock and peahen, I hope to inspire others to embrace these qualities as well.

In summary, the peacock and peahen have inspired me to create a jewellery brand because

of their beauty, grace, resilience, and symbolic value. Their vibrant

and allow others to experience their beauty in a wearable form.



feathers and intricate patterns have inspired me to create pieces that capture their essence

Each piece I created was imbued with the love and devotion I felt for my husband, and I hope that those who wear TIANA

jewellery will feel that same sense of love and connection.

I believe that jewellery is not just an accessory, but a way to express one's innermost feelings and connect with others on a deeper level.

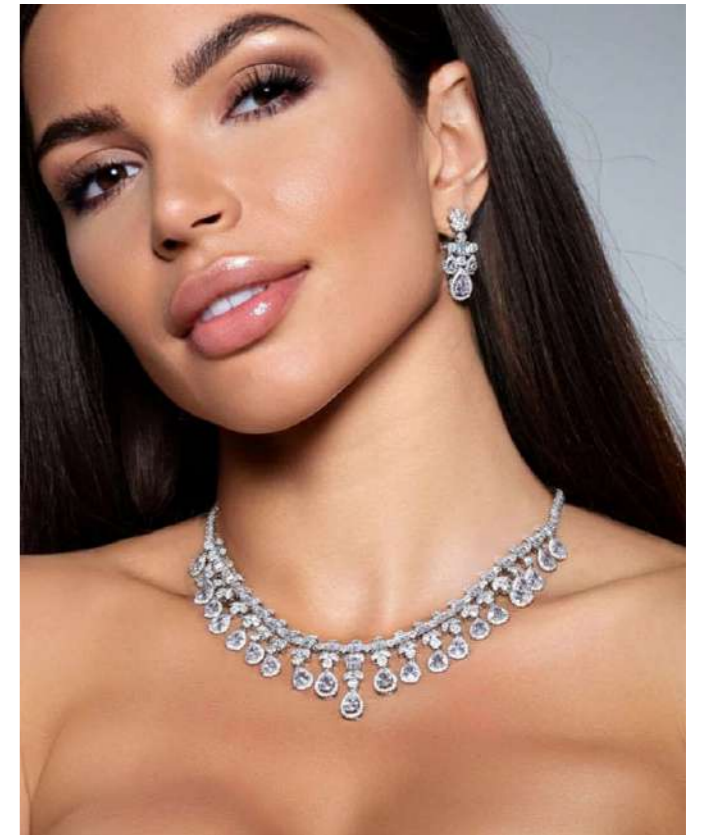
I created the brand TIANA jewellery to complement the peahen, as I believe that every woman deserves to feel as beautiful and unique as a peacock. TIANA brand is about celebrating the beauty of every woman and helping them to express their own unique style and personality through our jewellery.

Through TIANA jewellery, I hope to inspire others to embrace the beauty and symbolism of these magnificent birds, and to honour the power of love

and partnership in their own lives.

What materials do you use in your jewellery?

In our jewellery we use high quality Cubic Zirconia. There are several reasons why we choose to use CZ (cubic zirconia) in our jewellery. Firstly, CZ is a beautiful, high-quality material that offers incredible sparkle and shine. It's an excellent alternative to diamonds, offering all the beauty and brilliance of the real thing at a fraction of the cost. This makes it a great choice for creating beautiful, high-quality jewellery pieces that are accessible to a wider range of customers.



for years to come, allowing our customers to enjoy their jewellery for longer.

CZ is also incredibly versatile, coming in a range of colours and shapes. This allows us to create unique and eye-catching designs that stand out from the crowd. We can use CZ to create pieces that are classic and timeless, as well as pieces that are bold and modern.

Finally, we choose to use CZ in our jewellery because it is an ethical and sustainable material. Unlike diamonds, CZ is a lab-created material that does not require mining or other environmentally damaging processes. This allows us to create beautiful jewellery pieces while minimising our impact on the environment.



Another reason we love CZ is its durability. CZ is a hard, durable material that is resistant to scratches and chips, making it perfect for everyday wear. This durability ensures that our jewellery pieces will last



commonly found in the market.

How do you ensure the quality of your products?

We inspect each piece for defects or

Overall, we believe that CZ is an excellent choice for our jewellery. It offers incredible beauty, durability, versatility, and sustainability, making it a top choice for us and our customers.

What sets your jewellery apart from others?

Our jewellery is also known as **RED CARPET** jewellery. At TIANA, we believe that jewellery should be more than just an accessory.

From intricate details to unique shapes and styles, our jewellery pieces stand out from the crowd and make a statement.

We offer a wide range of unique, eye-catching designs that are not

imperfections, as well as testing the durability of the materials.

We regularly test our jewellery to ensure that it meets industry standards for quality and safety.

We offer a one year warranty to our customers to back up the quality of our products. This helps us to build trust with our customers and give them confidence in their purchase.

Which is the favourite piece of

jewellery that you've created and why?

That is a very difficult question to answer! I have a personal attachment and remember each piece of jewellery I make, but those with sentimental value stand out.

"Unique Bouquet" can be a special piece of jewellery to me because it was one of my first designs. It holds a special place in my heart because it represents the beginning of my journey as a jewellery designer.

The inspiration for this piece came from the beauty of nature and the way flowers bloom and come together to create a unique and beautiful bouquet.

The design is intricate and delicate, yet it makes a bold statement, which

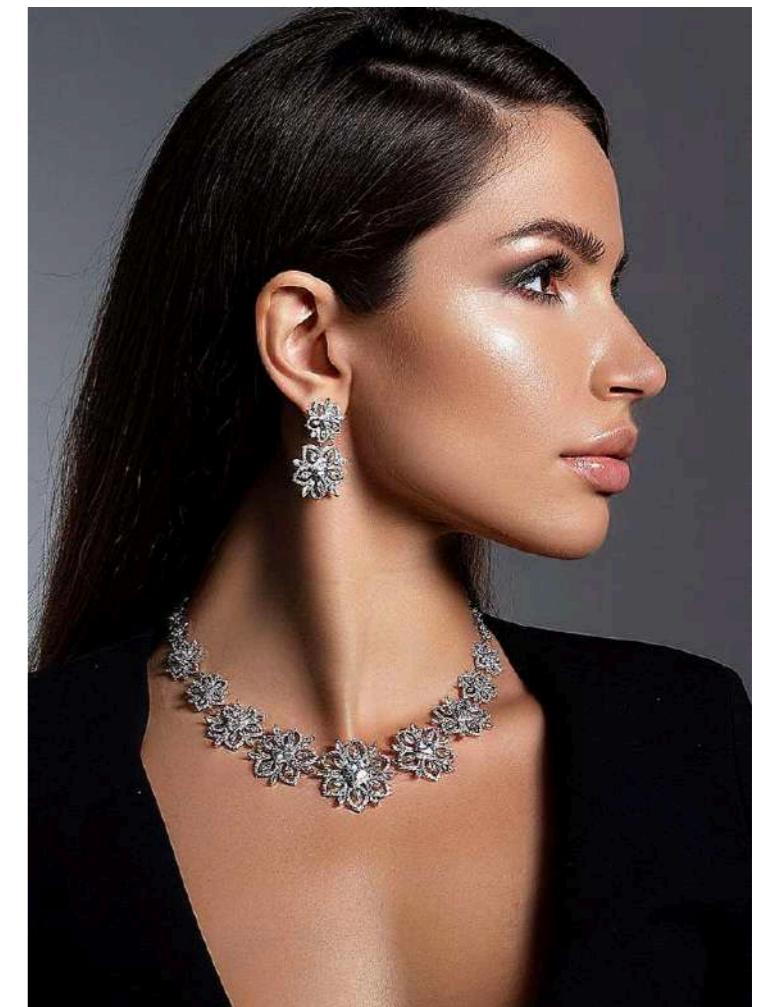


is the perfect representation of my style as a designer. I love how this piece can be worn for a special occasion and it never fails to catch people's attention. It's a true testament to the power of creativity and hard work, and it reminds me of how far I've come as a designer.

What makes your jewellery distinctive?

We take great pride in creating elegant, timeless pieces that can be passed down through generations.

We are a firm advocate of jewellery that lasts a lifetime, not just for a season or a trend. We want all the pieces of jewellery in our brand to be well made, classic and timeless in style. And also very importantly, that it is worn and enjoyed as much as possible.



From the Archives

Lingerie shoot for Italian Television



Back in 2015, three models from Milan visited London as part of the Italian television series 'Modelle Fuori'. The reality series was produced by Fashion Channel Publishing Milan and broadcast on The Agon Channel. The programme followed the lives of three models travelling around the world. On their visit to London they stayed in a luxurious house in Notting Hill and the producers organised a couple of photoshoots for the show. One of the shoots was a lingerie photoshoot at their Notting Hill residence. The photographer was Brendan Bishop, and the shoot was featured in Photo Professional Magazine.

Here are some of the photographs, including some previously unpublished ones.

Photographer: **Brendan Bishop**

Key makeup artist and wardrobe stylist: **Rebecca Middleton**

Featuring

Maria Dolgopolenco
Sara Battisti
Mariany Almeida









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